

Dear Parent/Carer

**Does your child have any special dietary needs?**

If **NO**, then you don't need to read this letter or do anything else.

If **YES**, then please read this letter and fill in and return the attached form.

Food allergies, intolerances and other dietary-related medical conditions are a growing concern for schools. Children who are affected can suffer a severe or even fatal reaction if they eat or come into contact with food they're allergic to.

So please:

**1. Fill in the attached form** as accurately as you can, describing any:

- Food allergies (for example to cow's milk)
- Food intolerances (for example to gluten)
- Other dietary-related medical conditions (for example coeliac disease)

Please don't use the form to describe your child's food likes and dislikes.

**2. Return the form to Nova Hreod, FAO Student Services or by email to: [l.read@novahreodacademy.org.uk](mailto:l.read@novahreodacademy.org.uk) by Thursday 24<sup>th</sup> July 2025.**

Once we get this information, we'll share it with our catering partner Sodexo Ltd, so they can make sure your child gets alternative meals that are safe for them.

**If your child's condition changes after you send us the form, you need to tell the school as soon as possible.**

We've included answers to frequently asked questions, as well as information on the difference between allergies, intolerances and dietary requirements.

Thanks for taking the time to read this letter and filling in the attached form. Together, we can provide a really safe school environment for your child.



*\* Drive \* Integrity \* Scholarship \* Contribution*