

Physical Education

The Intentions of the Physical Education Curriculum

Participation in Physical Education improves students' physical, mental and social wellbeing. We inspire drive and resilience in our students, teach them to collaborate in a team and how to step forward and lead others. Through teaching students to evaluate their own and other's performances, they learn communication and critical thinking skills. By coaching students in a wide range of individual and team sports, we ensure they have excellent opportunities to find a sporting passion, in school and out of school.

For each sport taught, we coach students through the basic techniques, rules and tactics to fluency, so they can exhibit them instinctively in competitive settings.

By returning to the same sport in multiple years, students refine their skills and develop their appreciation of tactics in sport. Year on year students are able to master the basics and apply more advanced techniques to more complex and demanding situations.

At Key Stage 4 we offer Sports Studies, a course that combines development of practical skills with academic learning about the media in sport, how to lead in sport and developing sporting skills practically, individually, in a team and in an officiating role. Opting for Sports Studies brings more sporting opportunities, develops leadership skills and links to real workplaces. It provides a strong foundation for study at Level 3, at sixth form or college, in Level 3 Sports Studies, A Level PE, BTEC Sports L3. You could be the next coach manager, PE teacher or sports analyst of the future. The list is endless.

The Learning Sequence in Physical Education

Academic Year	Autumn Term	SPR1 Assessments	Spring Term and Summer Term 1	SPR2 Assessments	Summer Term 2
Year 7	Boys Rugby Badminton X-Country Table Tennis Basketball Girls Gymnastics Netball X-Country Fitness Basketball Mixed Tag Rugby Fitness Netball Table Tennis	Practical assessment in two sports during lesson time. 1. Skills in isolation 2. Skills under pressure Knowledge/rules based.	Topics Boys Football Leadership Parkour Girls Fitness Gymnastics Football Leadership Mixed Basketball Football Multi sports Leadership	Practical assessment in two sports during lesson time. 1. Skills in isolation 2. Skills under pressure Leadership skills following UL SOL.	Topics Boys Athletics Cricket Tennis Softball Girls Rounders Athletics Tennis Cricket Mixed Rounders Athletics Softball Tennis

<p>Year 8</p>	<p>Topics Boys Rugby Badminton X-Country Table Tennis Basketball Girls Gymnastics Netball X-Country Fitness Basketball Mixed Tag Rugby Fitness Netball Table Tennis</p>	<p>Practical assessment in two sports during lesson time. 1. Skills in isolation 2. Skills under pressure Knowledge/rules based.</p>	<p>Topics Boys Football Leadership Parkour Girls Fitness Gymnastics Football Leadership Mixed Basketball Football Multi sports Leadership</p>	<p>Practical assessment in two sports during lesson time. 1. Skills in isolation 2. Skills under pressure Leadership skills following UL SOL.</p>	<p>Topics Boys Athletics Cricket Tennis Softball Girls Rounders Athletics Tennis Cricket Mixed Rounders Athletics Softball Tennis</p>
<p>Year 9</p>	<p>Topics Boys Rugby Badminton X-Country Table Tennis Basketball Girls Gymnastics Netball X-Country Fitness Basketball Mixed Tag Rugby Fitness Netball Table Tennis</p>	<p>Practical assessment in two sports during lesson time. 1. Skills in isolation 2. Skills under pressure Knowledge/rules based.</p>	<p>Topics Boys Football Leadership Parkour Girls Fitness Gymnastics Football Leadership Mixed Basketball Football Multi sports Leadership</p>	<p>Practical assessment in two sports during lesson time. 1. Skills in isolation 2. Skills under pressure Leadership skills following UL SOL.</p>	<p>Topics Boys Athletics Cricket Tennis Softball Girls Rounders Athletics Tennis Cricket Mixed Rounders Athletics Softball Tennis</p>

Year 10: OCR Sports Studies	Topics Sport and The Media Practical team sports	Assignment and practical based marks	Topics Sport and The Media Practical officiating	Assignment and practical based marks	Topics Sport and The Media Leadership in sport Practical with Leadership
Year 10 Core PE	Topics Boys Rugby Basketball Girls Netball Handball Mixed Badminton Fitness	NA	Topics Boys Football Girls Fitness Basketball Mixed Handball Leadership	NA	Topics Boys Athletics Cricket Girls Athletics Rounders Mixed Athletics Softball
Year 11: OCR Sports Studies	Topics Contemporary issues in sport (exam unit)	First Mock Exam on exam content. Assignment and practical based marks	Topics Leadership in sport Practical sport team and individual	Second Mock Exam on exam content. Assignment and practical based marks	
Year 11 Core PE	Topics Boys Rugby Basketball Girls Netball Handball Mixed Badminton Fitness		Topics Boys Football Girls Fitness Basketball Mixed Handball Leadership		

Formal Assessment of our Curriculum

To assess at KS3 we have designed three performance indicators to use during assessment lessons. Two are practical ability based. One is either knowledge or leadership skill-based.

At KS4, as part of the OCR Sports Studies course we mark assignments. We moderate each assignment with both classes throughout the year and complete a tracker. Moderation is completed with the help of specification-based assignments on the OCR website and cross-cluster work with Swindon Academy.